## **Enjoy the River Safely**

- Wear your life jacket. Make sure your child wears a life jacket!
- Use alcohol responsibly. Many river accidents involve alcohol.
- Wear sunscreen, sunglasses, and a hat to prevent sunburn. Water reflects the rays of the sun giving you a double dose of ultraviolet light.
- Avoid trees that have fallen in the river. They can catch and overturn your vessel.
- Don't jump from cliffs, bridges, or trees.
- Protect your feet with river shoes, water sandals, or old shoes. Fish hooks, glass, and rocks can injure your feet.
- Bring your own drinking water. Treat river water before drinking to avoid giardia, a serious stomach irritant.
- Blastomycosis is a fungal infection that is commonly contracted by dogs and sometimes by humans. Avoid digging in moist soils.
- Check for ticks often and know the symptoms of Lyme disease. Deer ticks are common along the Riverway and some carry the bacteria that cause the disease.
- Know how to identify poison ivy and avoid contact.

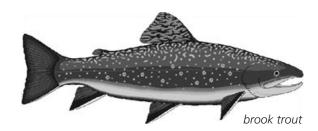




## National Park Service St. Croix National Scenic Riverway



## Namekagon River Map 1: Namekagon Dam to Hayward Landing



As you paddle down the Namekagon River, do you ever glimpse movement under your vessel? The river is teeming with life. You may be lucky enough to spot a native brook trout with its crazy patterned back and sprinkling of red spots and blue haloes. Or you may see the more common brown trout, a prize catch for anglers.

Smaller fish also call the river home. Look for well camouflaged and scary looking mottled sculpin or the more elegant blacknose dace. Don't be alarmed if you notice a lamprey attached to a fish. These are native chestnut lamprey and they belong in the river.

These fish need the cool clean waters of the upper Namekagon and the abundant invertebrates that also live in the river--a primary source of food. Keep your eyes open.

Discover clean water, lush landscapes, and quiet solitude along the St. Croix National Scenic Riverway, a national park that with your help protects 255 miles of wild and scenic river corridor.

**Top Riverway Regulations** 

- Approved life jackets for each person are required on your vessel. Children under 13 are required to wear a life jacket.
- Glass containers are prohibited on lands and waters within the Riverway.
- Disposing human waste into the river is prohibited.
- Jumping from cliffs, bridges, or trees is illegal and dangerous.
- Open campfires are allowed only in metal fire rings. Campfires must be out and cold before you leave the area.
- The cutting of live vegetation is strictly prohibited. Dead and down wood may be collected for campfires from shoreline areas, however, it cannot be collected from islands.
- Possession of firewood that originates more than 50 miles from the Riverway is prohibited.
- Individual campsites accommodate a maximum of 8 people and 3 tents. Group sites accommodate a maximum of 16 people and 6 tents.
- Littering is not allowed. Carry out all trash.
- It is illegal to shoot or possess fireworks on lands and waters within the Riverway.
- Collecting freshwater mussels, mussel shells, wildflowers, and historical artifacts is prohibited.
- Quiet hours are 10:00 p.m. to 6:00 a.m.

